

# Skort Tutorial



## Materials:

- ½-1m of Stretch material (depends on width of material)
- 1 1/4" (32mm) elastic
- Stretch needles (70) for the sewing machine.
- Print out the short pattern at end of document and measure out your waistband:

29"

5.5"



The pattern available is for 5-6 year olds (23in waist). You can modify the pattern slightly by lengthening or shortening the short pattern piece and leaving the crotch be. Also you can lengthen the waistband. I work on adding 7in to the child's waist measurement for the waist band and the short pieces in total are 21in ( $12.5 \times 4 = 50$ ,  $50 - 29 = 21$ ) longer than the waist band. Simple right! It might make more sense along the way.

All Seams at ¼ inch.

First step:

Cut out the pieces and the waistband which measures 29" x 5.5". Sew the band into a tube. Match the back and front of the shorts with good sides in. Sew up the inner and outer leg.



Step 2.

Sewing up the crotch. Turn one leg right side out and slide it into the other leg that is inside out. The fabric is right side together. Pin along the edge and sew.



Step 3.

Gathering the shorts.

Putting your stitch length on its longest setting stitch close to the top edge of the shorts, securing only one end. Grab a thread that was not secured and then pull gently all the way around, gathering the shorts.

With the waist band, mark the four quarters by ironing a crease or with a marker. Then using these match it to the four seams (I place the waist band seam at the back making it easier to identify) with good sides together.

Pull at the gathering and pin so that the shorts fit around the waist band. I found it easier to sew each quarter and then pull out the next section until you are back to the start.

Sew around and edge and then remove the gathering stitch.



Step 4.

Elastic.

I like attaching the elastic straight to the fabric as this stops it from twisting. If you prefer to make a case, add another  $\frac{1}{2}$  inch to the width of your waist band.

Cut your elastic, 2  $\frac{1}{2}$  - 3 in smaller than your child's waist measurement. Overlap the two ends and sew together forming a tube. Mark your half and quarter on your elastic and then match it to your markings on the waistband on the inside of the skirt.



Using a serger or large zig-zag stitch on your machine sew the elastic onto the fabric, stretching the elastic to fit as you go.



Work your way around, stretching to the next pin.



When completed fold over the elastic and the fabric and pin again at the 4 points. Using the same method as above, stretch the fabric and elastic till its flat, then straight stitch along the bottom edge of elastic.



Step 5.

Hemming.

As jersey does not fray I just fold the edges over 1/4 inch and sew it down. You can do whichever hem takes your fancy.



1 inch.

Join here.

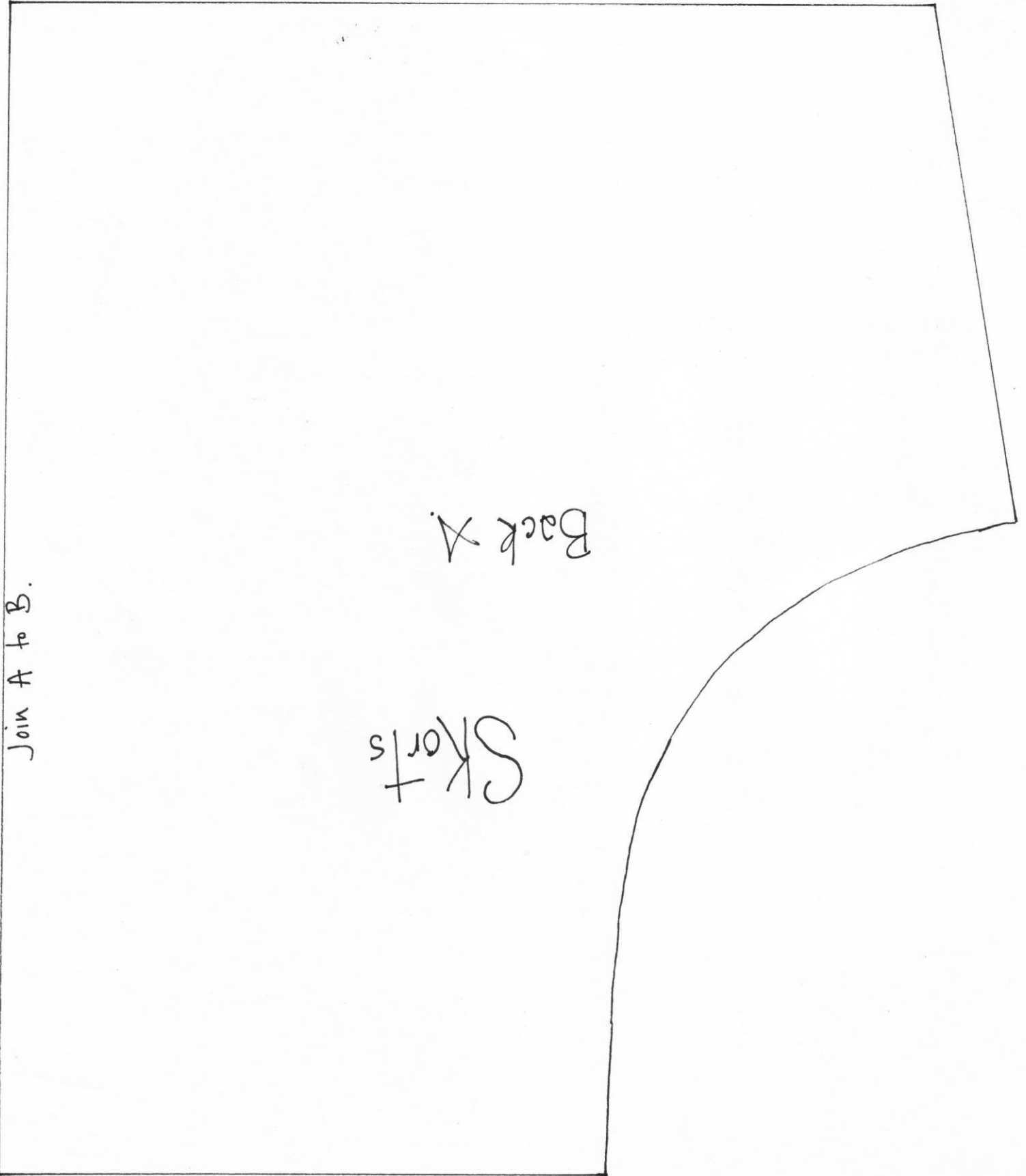
Front B.

1 inch.

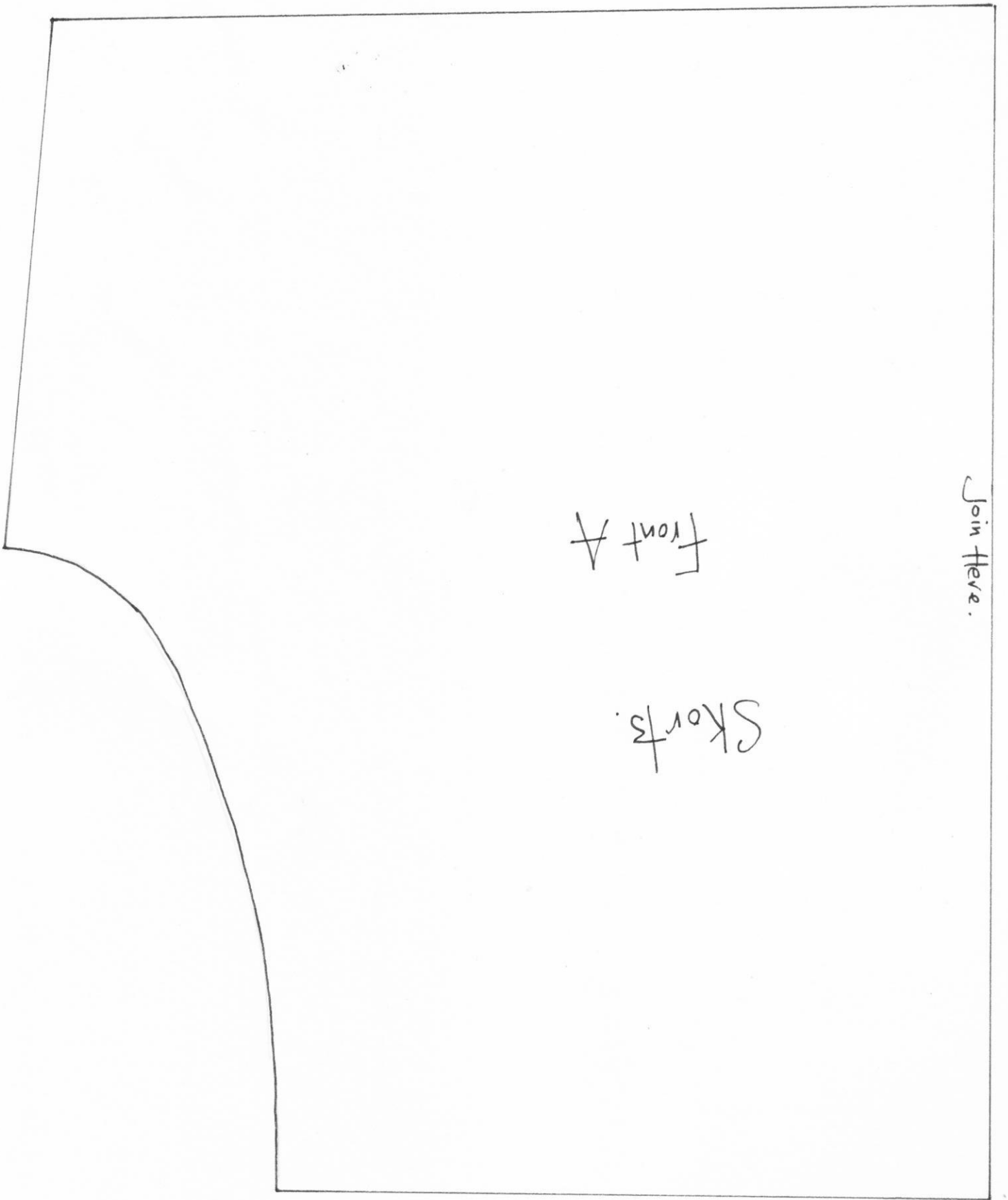
Join here.

Back B.

1 inch  
scale.



1 inch.



Front A

Skorts.

Join Here.